

Kursplan

Montag	Dienstag	Mittwoch	Donnerstag	Freitag
10:00 Pilates		11:00 Rückenfit & Stretching	10:00 Jumping Soft	
17:00 Yoga	17:00 Yoga	17:00 Jumping Power	16:00 Bauch Beine Po	
		18:00 Linedance	18:00 Pilates	18:00 Zumba